

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

CARMEL TERRACE ASSISTED LIVING

Social Opportunities Calendar

<p>9:15 Mass in Chapel - Level G ⁵</p> <p>2:00 Movie in Cinema Theater - level G</p> <p>Time to rest and relax. Take a walk with friends around Level 1.</p> <p>Independent games in Club Rm - Level 1 by mailboxes</p>	<p>9:30 Mass in Chapel - Level G ⁶</p> <p>10:30 Movement in Health Club -G</p> <p>1:30 Knitting with Maggie Fireside Lounge by fish tank</p> <p>2:00 MASSACHUSETTS HORTICULTURAL SOCIETY is HERE WITH A PROJECT (sign up at Communications Table by Mailboxes)</p> <p>3:30 Social time by bar - Level 1</p>	<p>9:30 Mass in Chapel - Level G ⁷</p> <p>10:30 CHAIR YOGA with Jean in Health Club - Level G</p> <p>2:00 Bingo in Arts and Crafts Rm - Level G- bring 21 dimes and a quarter</p> <p>3:30 JAMES MICHAEL (Baritone) Entertains in the Garden View Lounge (level 1) by Dining Rm</p>	<p>All Carmelite Saints Day ¹</p> <p>9:30 Mass in Chapel - Level G</p> <p>10:30 Movement in Health Club -G - FITNESS CHECKS with JOE!</p> <p>2:00 Chair Dancing with Rondae in Health Club - G</p> <p>3:30 Social Time by Bar in GVL - Level 1</p> <p>6:45 Bingo with Cindy in Arts and Crafts Room Level G</p>	<p>All Carmelite Souls Day ²</p> <p>9:30 Mass in Chapel</p> <p>10:30 CHAIR YOGA with Jean in Health Club! Level G NEW CLASS! WELCOME JEAN!</p> <p>2:00 PUMPKIN BREAD CONTEST with Resident</p> <p>Judges - Arts and Crafts Room G</p> <p>3:30 Social Time by Bar in GVL - Level 1</p>	<p>9:30 Mass in Chapel - Level G ³</p> <p>10:30 Movement in Health Club -G</p> <p>2:00 FIT MINDS in Arts and Crafts Room. Level G Cognitive Stimulation for all abilities!</p> <p>3:30 Social Time by Bar in GVL - Level 1</p>	<p>9:30 Mass in Chapel - Level G ⁴</p> <p>2:00 Movie in Cinema Theater - level G</p> <p>Time to rest and relax. Take a walk with friends around Level 1.</p> <p>Independent games in Club Rm - Level 1 by mailboxes</p>
<p>9:15 Mass in Chapel - Level G ¹²</p> <p>Time to rest and relax. Take a walk with friends around Level 1.</p> <p>Independent games in Club Rm - Level 1 by mailboxes</p>	<p>9:30 Mass in Chapel - Level G ¹³</p> <p>10:30 Movement in Health Club -G</p> <p>1:30 Knitting Fireside Lounge by fish tank</p> <p>2:00 Resident's Granddaughter's Wedding Video --Arts and Crafts Rm - Level G- cake served. Come celebrate!</p> <p>3:30 Social Hour in Garden View Lounge by Bar (level 1)</p>	<p>9:30 Mass in Chapel - Level G ¹⁴</p> <p>10:30 CHAIR YOGA with Jean in Health Club - Level G</p> <p>1:45 Bingo in Arts and Crafts Rm - Level G- bring 21 dimes and a quarter</p> <p>3:15 RESIDENT MEETING in Cinema Theater. Level G (No social hour today)</p>	<p>9:30 Mass in Chapel - Level G ¹⁵</p> <p>10:30 Movement in Health Club -G</p> <p>2:00 Chair MASSAGE BY APPOINTMENT . A&C Rm. Sign up At Comm. Table by mailboxes.</p> <p>3:30 DAVE POLANSKY Performs by dining rm in GVL - Level 1</p> <p>6:45 Bingo with Cindy in Arts and Crafts Room Level G</p>	<p>9:30 Mass in Chapel - G ¹⁶</p> <p>10:30 CHAIR YOGA with Jean in Health Club - Level G</p> <p>1:45 Movie in Arts and Crafts Rm to be announced - Level G</p> <p>3:30 Social Time by Bar in GVL - Level 1</p>	<p>9:30 Mass in Chapel - Level G ¹⁷</p> <p>10:30 Movement in Health Club -G</p> <p>2:00 GOLDEN RETRIEVER TIME with Jeff in the Health Club - Level G</p> <p>3:30 Social Time by Bar in GVL - Level</p>	<p>9:30 Mass in Chapel - Level G ¹⁸</p> <p>Time to rest and relax. Take a walk with friends around Level 1.</p> <p>Independent games in Club Rm - Level 1 by mailboxes</p>
<p>9:15 Mass in Chapel - Level G ¹⁹</p> <p>Time to rest and relax. Take a walk with friends around Level 1.</p> <p>Independent games in Club Rm - Level 1 by mailboxes</p>	<p>9:30 Mass in Chapel - G ²⁰</p> <p>10:30 Movement in Health Club -G</p> <p>1:30 Knitting with Maggie Fireside Lounge by fish tank</p> <p>2:00 Framingham Garden Club Project (must sign up at Communication Table prior)</p> <p>3:30 Social Time by Bar in GVL - Level 1</p>	<p>9:30 Mass in Chapel - Level ²¹</p> <p>10:30 CHAIR YOGA with Jean in Health Club - Level G</p> <p>2:00 RIVERS BETWEEN GENTLE ENTERTAINMENT in the Cinema Theater</p> <p>3:15 THANKSGIVING PRAYER SERVICE in Chapel Level G</p> <p>No Social Hour Today</p>	<p>9:30 Mass in Chapel - Level G ²²</p> <p>10:30 Movement in Health Club -G</p> <p>2:00 Sample Cheesecake Made by the Nuns of Skete. Country Kitchen. Level G</p> <p>No Social Hour Today</p>	<p>9:30 Mass in Chapel - Level G ²³</p> <p>Carmel Terrace Counts you as a Blessed gift. May God Bless you and your loved ones with health and happiness.</p> <p>Thanksgiving Day (US)</p>	<p>9:30 Mass in Chapel - Level G ²⁴</p> <p>10:30 Movement in Health Club -G</p>	<p>9:30 Mass in Chapel - Level G ²⁵</p> <p>Time to rest and relax. Take a walk with friends around Level 1.</p> <p>Independent games in Club Rm</p>
<p>9:15 Mass in Chapel - G ²⁶</p> <p>10:30 Stretching in the Arts and Crafts Room with Laura - Level G</p> <p>11:00 - Read Aloud Stories in the Arts and Crafts Rm Level G</p> <p>12:45 - 1:45 What's in a Word Game - Arts and Crafts Rm - Level G</p> <p>2:-00 - 3:30 Videos in Arts and Crafts Rm - Level G</p>	<p>9:30 Mass in Chapel - Level G ²⁷</p> <p>10:30 Movement in Health Club -G</p> <p>1:30 Knitting with Maggie Fireside Lounge by fish tank</p> <p>2:00 REPEAT of Water Color Birch Trees - Arts and Crafts Room. (RESERVED FOR WAITLISTED GROUP FROM FIRST CLASS)</p> <p>3:30 Social Time by Bar level 1</p>	<p>9:30 Mass in Chapel - Level G ²⁸</p> <p>2:00 Bingo in Arts and Crafts Rm - Level G- bring 21 dimes and a quarter</p> <p>3:30 Social Time by Bar in GVL - Level 1</p>	<p>9:30 Memorial Mass for ²⁹</p> <p>Deceased Residents Chapel - 10:30 Movement -Health Club G</p> <p>1:30 JOHN CLARK MUSIC EDUCATION in Cinema Theater. Level G</p> <p>3:30 Social Time by Bar in GVL - Level 1</p> <p>6:45 Bingo with Cindy in Arts and Crafts Room Level G</p>	<p>9:30 Mass in Chapel - Level G ³⁰</p> <p>10:30 CHAIR YOGA with Jean in Health Club - Level G</p> <p>2:00 PRESENTATION ON the FUNNIEST MOMENTS IN FILM by Author Martin Gitlin</p> <p>3:30 Social Time by Bar in GVL - Level 1</p>	<p>INDEPENDENT RESIDENT GROUPS AFTER HOURS</p> <p>* Bridge Group meets Thursdays at 6:45 pm in Club Room Near Mailboxes.</p> <p>* Renewed Life Support Group (losses of all kinds) slated to meet Tues. Nov. 7th and Tues Nov. 21st in Cinema Theater at 6:45 pm. By Residents for Residents.</p>	