

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>December 2023</div>					First Friday - Adoration 1 9:30 Mass /Chapel -G 10:30 Movement/Health Club - G 2:00 FSU HISTORY PROFESSOR --Biography OF ANDREW JACKSON Cinema -G 3:30 Social Time - by Bar - 1	9:30 Mass /Chapel -G 2 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1. Games available in Club Room by mailboxes.
9:15 Mass in Chapel - G level 3 2:00 SENIOR SMILEZ Theater Group Performs in the Cinema Theater.	9:30 Mass/Chapel - G 4 10:30 Movement in Health Club - Level G 1:30 Knitting - Fireside Lounge by Fish Tank - 1 2:00 WWI Food Posters w/ Prof. Schwartz - Cinema - G 3:30 Social Time - by Bar - 1	9:30 Mass/Chapel - G 5 10:30 Chair Yoga in Health Club - Level G 2:00-4:00 pm Afternoon of Prayer. Cinema Theater first for presentation then we move to Chapel for reflection to prepare for Advent.	9:30 Mass/Chapel - G 6 10:30 Chair Yoga in Health Club - Level G 2:00 Entertainment by Singer Alexandria Bianco in the Cinema Theater - G. 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 7 10:30 Chair Yoga in Health Club - Level G 2:00 BOXWOOD TREE Project with MASSACHUSETTS HORTICULTURAL SOCIETY. Must sign up in advance at Comm. Table by Mailboxes. 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 8 10:30 Movement in Health Club - Level G 3:30 Social Time by Bar - Level 1	9:30 Mass /Chapel -G 9 2:00 Carmel Terrace Book Club meets in Fireside Lounge near the fish tank - Level 1 2:00 Meet in Lobby to take an independent stroll with friends around Level 1.
9:15 Mass in Chapel - G level 10 Time to rest, relax and rejuvenate. 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1.	9:30 Mass/Chapel - G 11 10:30 Movement in Health Club - Level G 1:30 Knitting - Fireside Lounge by Fish Tank - 1 2:00 FIT MINDS - Arts and Crafts Rm - Cognitive Stimulation 3:30 MEL STILLER SING A LONG on Piano - by Garden View Lounge	9:30 Mass/Chapel - G 12 10:30 Chair Yoga in Health Club - Level G 1:45 BINGO - Arts and Crafts Room Remember your 21 dimes and a.qtr. 3:15 RESIDENT MEETING - Cinema Theater - Level G -Survey Results There is no Social Hour today due to the Resident Meeting.	9:30 Mass/Chapel - G 13 10:30 Movement in Health Club - Level G 2:00 Classical Pianist SLAVA Performs in the Cinema Theater - G. 3:30 Social Time by Bar - Level 1 6:45 BINGO in the Arts and Crafts Rm- Level G - 21 dimes and a quarter.	9:30 Mass/Chapel - G 14 10:30 Chair Yoga in Health Club - Level G 1:45 Movie in the Cinema Theater. Level G. To be announced. 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 15 10:30 Movement -Health Club - Level G 1:00 -1:30 Troop 0711 CAROLERS Make the rounds 2:00 Golden Retriever-Health Club - G 3:30 Social Time by Bar - Level 1	9:30 Mass /Chapel -G 16 Time to rest, relax and rejuvenate. 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1. Games always available in Club Room by mailboxes.
9:15 Mass in Chapel - G level 17 Time to rest, relax and rejuvenate. 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1.	9:30 Mass/Chapel - G 18 10:30 Movement in Health Club - Level G 1:30 Knitting - Fireside Lounge by Fish Tank - 1 2:00 Fram. Garden Club -A&C Rm PLEASE SIGN UP IN ADV. by Mailboxes at Comm. Table 3:30 Social Time By Bar -1	9:30 Mass/Chapel - G 19 10:30 Chair Yoga in Health Club - Level G 1:30 PIANIST MICHAEL LEIDIG SPECIAL CHRISTMAS PERFORMANCE - Cinema Theater - Level G. 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 20 10:30 Movement in Health Club - Level G 2:00 Fully Clothed Chair Massage with Massage Therapist Nancy. SIGN UP IN ADVANCE at Comm. Table by Mailboxes 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 21 10:30 Chair Yoga in Health Club - G 11am - 1 pm - SANTA is here in Garden View Lounge by Dining Rm CHRISTMAS LUNCHEON TODAY 2:00 HARPIST Shelley Otis Garden View Lounge- Level 1 3:30 Social Time by Bar - Level 1 Winter Begins	9:30 Mass/Chapel - G 22 10:30 Movement in Health Club - Level G 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1. 3:30 Social Time by Bar - Level 1	9:30 Mass /Chapel -G 23 Time to rest, relax and rejuvenate. 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1. Games always available in Club Room by mailboxes.
Holiday Schedule for Mass to be Announced 24 <div>CHRISTMAS EVE</div>	9:30 Mass/Chapel - G 25 <div>  <div> Merry Christmas From Carmel Terrace-Blessings to you and your Family! Christmas </div> </div>	9:30 Mass/Chapel - G 26 10:30 Chair Yoga in Health Club - Level G 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 27 10:30 Movement in Health Club - Level G 2:00 ART MATTERS - Arts &Crafts Rm- MOTHER AND CHILD THEMED - G - 3:30 Social Time by Bar - Level 1 6:45 BINGO in the Arts and Crafts Rm- Level G - 21 dimes and a quarter.	9:30 Mass/Chapel - G 28 10:30 Chair Yoga in Health Club - Level G 1:30 John Clark's Music Education in the Cinema Theater - G - topic TBA 3:30 Social Time by Bar - Level 1	9:30 Mass/Chapel - G 29 10:30 Movement in Health Club - Level G 2:00 FLOWER LETTERS - Arts and Crafts Room.G - Story telling - WWII Themed 3:30 Social Time by Bar - Level	9:30 Mass /Chapel -G 30 Time to rest, relax and rejuvenate. 2:00 pm Meet in Lobby to take an independent stroll with friends around Level 1. Games always available in Club Room by mailboxes.
9:15 Mass in Chapel - G level 31 Schedule for Today to be posted in more detail 2:00 New Years Eve Gathering and Countdown with Laura - Garden View Lounge New Year's Eve						