



CARMEL TERRACE

— ASSISTED LIVING —

Questions To Ask When Picking A Senior Care Community

The search for the right senior care community can be a challenge, so asking questions can help pair you or a loved one with the proper care. Many senior communities provide multiple levels of care that can allow for an independent lifestyle with the knowledge your needs will be met should they change. Learn more about the questions you should ask when picking a senior community:

Assisted Living – What is assisted living?

Assisted living is similar to independent living offering a maintenance free lifestyle and activities, but with the addition of dining services and personal care. You or a loved one will have access to assistance with daily activities that you may find difficult to perform on your own. Daily living assistance could include medication reminders, hygiene assistance, and more.

1. What is the cost of your assisted living?
2. What care services do you offer?
3. What types of transportation do you provide?
4. What happens when I need additional services?
5. What happens if there's a medical emergency?
6. What is the ratio of staff to residents during the day/night?
7. How does the facility communicate with families about a resident's well-being?
8. What apartment styles/options are available?
9. Amenities and activities?
10. What dining options are offered?



Independent Living – What is independent living?

Independent living is tailored to the individual who is looking for a lifestyle like their current one with less maintenance. House chores are a thing of the past with this new style of living. You or a loved one has more time to pursue hobbies and be social.

1. What health care services are provided on campus?
2. What amenities and activities are offered? Weekly cleaning? Laundry?
3. What happens when I need additional services?
4. What are my options for apartments?
5. What is the cost of your community?
6. How does the facility communicate with families about a resident's well-being?
7. Do apartments have full kitchens? Is there a central dining room?

About Carmel Terrace

Carmel Terrace in Framingham, MA is committed to promoting a lifestyle of independence while providing support to you or a loved one. Our services include independent living, assisted living, and short-term/respite care, and our community offers daily opportunities and first-class dining so residents and family members can feel peace of mind. Carmel Terrace's senior care experts are ready to answer your questions and connect you with the right services at the best time for you.



To learn more or schedule a tour, call 508.788.8000 or visit: www.carmelterrace.org
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