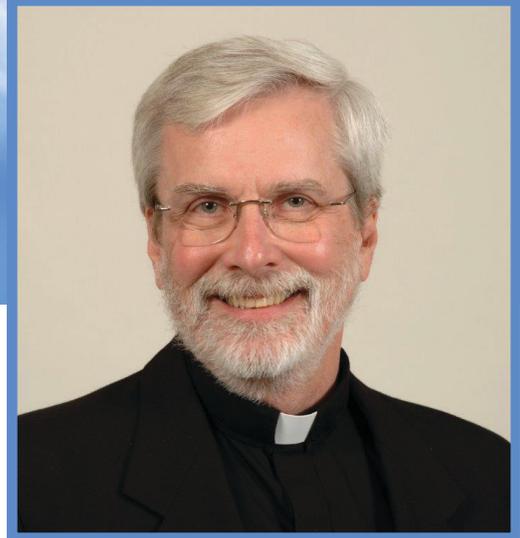


A Spiritual Symposium

with
**Fr. John R. Siberski
SJ, MD**



The first talk entitled ***“Medication and Aging: An Increasingly Difficult Terrain to Navigate,”*** will consider the problem of polypharmacy in the elderly. The treatment of certain serious symptoms that occur in the elderly particularly that of insomnia, and the increasingly dangerous challenges of over-the-counter, herbal, and “natural” medications, a Wild West of unregulated nostrums will be discussed.

The second talk, ***“I Did Not Forget Thee O Jerusalem: Memory, Mood, Dementia and the Spiritual Life,”*** will examine some of the challenges that the individual and family confront at the onset of Alzheimer’s or another dementing illness as well as through its progression.

John R. Siberski, SJ, MD is a Jesuit priest who, at the time he entered the Society twenty-one years ago had been practicing geriatric internal medicine and psychiatry for twenty-two years. He is board certified in both medicine and psychiatry.

Thursday, August 9th

**Free and open to the public • Seating is limited
Buffet Lunch provided**

- 10am - Arrival, refreshments
- 10:15am-11am - Talk - “Medication and Aging: An increasingly Difficult Terrain to Navigate”
- 11:10am - Buffet Lunch
- 12:30pm-1:15pm - Talk - “I Did Not Forget Thee O Jerusalem: Memory, Mood, Dementia, and the Spiritual Life”

Carmel Terrace

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