




March 2020 - Carmel Terrace - Social Opportunities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 9:30 Daily Mass; Rosary</p> <p>1:30 Talk with Fr. George Brown. Today's Topic: "Politics and the Church"</p> <p>3:15 Time with Sr. Catherine</p>	<p>2 Banking 10- 12 pm Errands</p> <p>9:30 Daily Mass; Rosary</p> <p>1:30-4:00 Knitting Group Meets – No Maggie Today</p> <p>2:00 Afternoon Movie in the Cinema</p> <p>4:00 Social Hour with singer and guitarist Dan Hart</p>	<p>3 Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 SAIL Movement (is moving next week to 2nd and 4th Saturday at 10:30 am)</p> <p>1:45 Bingo</p> <p>3:00 Framingham State University History Professor Jon Huibregtse Presents on Henry VIII</p> <p>4:00 Social Hour</p>	<p>4 Hair Salon Open Today</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Movement Class</p> <p>11:00 Word Games</p> <p>1: 45 MEN'S GROUP</p> <p>2:00 Rummikub in Club Rm</p> <p>3:00 Sr. Catherine Presents "Last Supper & the Cross: The New Passover of Christ"</p> <p>4:00 Social Hour</p> <p>6:30 Evening Bingo with Cindy</p>	<p>5 Hair Salon Open Today</p> <p>BANKING 2 pm – 4 pm</p> <p>Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 ZUMBA GOLD Movement</p> <p>1:30 Michael Goodwin's IRISH MUSIC PROGRAM</p> <p>3:00 FRAMINGHAM POLICE CHIEF STEPHEN TRASK is HERE with a Talk on Fraud Against Elders—He'll Take Questions About All Crime.</p> <p>4:00 Social Hour</p>	<p>6 1st Friday</p> <p>Rite of Exposition</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>11:00 NEWS CURRENTS</p> <p>2:00 FIT MINDS</p> <p>3:00 Stations of the Cross</p> <p>4:00 Social Hour</p>	<p>7 Anointing of the Sick During Mass Today</p> <p>9:30 Daily Mass; Rosary</p> <p>11:15 Lectio Divina</p> <p>1:45 Afternoon Movie</p> <p>2:00 Bingo</p> <p>3:00 Billiards Anyone?</p> <p>4:00 Social Hour</p>
<p>8 Carmel Terrace Open House (No Worries! No Rented Apartments will be Entered!)</p> <p>9:30 Daily Mass; Rosary</p> <p>1:45 Bowling with Tracy in hall by Health Club</p> <p>3:15 Time with Sr. Catherine</p> <p>4:00 Social Hour</p>	<p>9 Banking 10 am- 12 pm Errands</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>11:30 DEPART for LUNCH at McDonald's*</p> <p>11:30 Ecumenical Service</p> <p>1:30-4:00 Knitting Group</p> <p>1:45 Afternoon Movie</p> <p>2:00 RUMMIKUB in the Arts and Crafts Room</p> <p>4:00 Social Hour</p>	<p>10 Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 TAI CHI WITH JOSHUA! Come meet Josh and do Tai Chi</p> <p>1:30 Bingo</p> <p>3:00 Resident Meeting: All residents encouraged to attend</p> <p>4:00 Social Hour</p>	<p>11 Book Mobile Expected</p> <p>Hair Salon Open Today</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>9:30 am – 12 Noon: Susie Yee Accessories Boutique</p> <p>10:30 Exercise Class Begins</p> <p>1:45 GIANT CROSSWORDS</p> <p>2:30 Mexican Train Dominoes</p> <p>4:00 Social Hour – Special 20 minute performance by VASSAR DEVILS Acapella Group who performed for Pres. Obama and First Lady!</p> <p>6:30 Evening Bingo With Cindy</p>	<p>12 Hair Salon Open Today</p> <p>BANKING 2 pm- 4 pm</p> <p>Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 Zumba Gold Movement</p> <p>1:00 Book Club</p> <p>1:45 BINGO</p> <p>3:00 FOOD FORUM MEETING- ALL RESIDENTS ARE ENCOURAGED TO ATTEND to Talk with Chef Richard</p> <p>4:00 Social Hour with RAY AND VIOLYNNE!</p> 	<p>13</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>11:00 NEWS CURRENTS</p> <p>1:45 FIT MINDS</p> <p>3:00 Stations of the Cross</p> <p>4:00 Social Hour</p>	<p>14</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 S.A.I.L. (Staying active and independent for life) Movement Class</p> <p>11:15 Lectio Divina</p> <p>1:45 Afternoon Movie</p> <p>2:00 Bingo</p> <p>3:00 Billiards Anyone?</p> <p>4:00 Social Hour</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>9:30 Daily Mass; Rosary</p> <p>1:30 Sr. Catherine Presents: "Joseph of Nazareth" – in Arts and Crafts Room</p> <p>2:30 Bowling</p> <p>3:15 Time with Sr. Catherine</p> <p>4:00 Social Hour</p>	<p>16 Banking 10 am- 12 pm Errands</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class</p> <p>1:30-4:00 Knitting Group</p> <p>1:45 Afternoon Movie</p> <p>2:00 Rummikub</p> <p>4:00 St. Patrick's Music Social Hour with DON RYAN</p>	<p>17 Medical Transportation</p> <p>Happy St. Patrick's Day! 🍀</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 TAI CHI WITH JOSHUA</p> <p>1:45 Bingo</p> <p>3:00 Old Time TV in arts and Crafts Room</p> <p>4:00 Social Hour St. Patrick's Day Party</p>	<p>18 Hair Salon Open Today</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Open</p> <p>12:00 MARCH BIRTHDAY LUNCHEON - Formal Dining Rm</p>  <p>2:00 Fully Clothed Massage with Soothing Touch to Go</p> <p>3:00 Sr. Catherine- "The Mass: Emmaus and the Mystery of the Eucharist"</p> <p>4:00 Social Hour</p>	<p>19 Hair Salon Open Today</p> <p>BANKING 2 pm- 4 pm</p> <p>Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 Zumba Gold Movement</p> <p>1:45 FIT MINDS</p> <p>3:00 Therapist Magdalana Siegel is here with a talk on "Rear View Mirror Reminiscing"</p> <p>4:00 Social Hour</p>	<p>20</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>11:00 NEWS CURRENTS</p> <p>2:00 FRAMINGHAM GARDEN CLUB IS HERE with a Spring project you make and take with you!</p> <p>3:00 Stations of the Cross</p> <p>4:00 Social Hour</p>	<p>21</p> <p>9:30 Daily Mass; Rosary</p> <p>11:15 Lectio Divina</p> <p>1:45 Afternoon Movie</p> <p>2:00 Bingo with Tracy</p> <p>3:00 Billiards Anyone?</p> <p>4:00 Social Hour</p>
<p>22</p> <p>9:30 Daily Mass; Rosary</p> <p>1:45 Afternoon Movie</p> <p>2:00 Bowling with Tracy</p> <p>2:30 Rummikub</p> <p>3:15 Time with Sr. Catherine by Piano</p> <p>4:00 Social Hour</p>	<p>23 Banking 10 am- 12 pm Errands</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>11:30 Ecumenical Service With Rev. Greg Morrisse</p> <p>1:30-4:00 Knitting Group</p> <p>2:00 Afternoon Movie</p> <p>4:00 Social Hour</p>	<p>24 Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 TAI CHI WITH JOSHUA</p> <p>1:45 Bingo</p> <p>3:00 Framingham Asst. Fire Marshal Lt. Will Jengris is Here with a Presentation</p> <p>4:00 Social Hour</p>	<p>25 Book Mobile Expected Hair Salon Open Today</p> <p>9:30 Daily Mass & Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>12:00 ROMEO MEN'S LUNCHEON- Formal Dining Rm</p> <p>2:00 POOCH TIME with Jeff and his Golden Retriever</p> <p>3:00 Let's Learn Some MAH JONGG!</p> <p>4:00 Social Hour</p> <p>6:30 Evening Bingo with Cindy</p>	<p>26 Hair Salon Open Today</p> <p>Banking 2-4 pm</p> <p>Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 Zumba Gold Movement</p> <p>1:00 Book Club</p> <p>1:30 Bingo</p> <p>2:45 FIT MINDS</p> <p>4:00 Social Hour with Kevin Farley the Irish Guy - a plethora of Irish Instruments and Celtic Songs</p>	<p>27</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>11:00 News Currents with Katherine</p> <p>2:00 Sr. Catherine Presents "Revelation: Heavenly Worship at the End of Time"</p> <p>3:00 Stations of the Cross</p> <p>4:00 Social Hour</p>	<p>28</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 S.A.I.L. (Staying Active and Independent for Life) Movement Class</p> <p>11:15 Lectio Divina</p> <p>1:45 Afternoon Movie</p> <p>2:00 Bingo</p> <p>3:00 Billiards Anyone?</p> <p>4:00 Social Hour</p>
<p>29</p> <p>9:30 Daily Mass; Rosary</p> <p>1:45 Afternoon Movie</p> <p>2:00 Relaxation Time</p> <p>3:15 Time with Sr. Catherine by Piano</p> <p>4:00 Social Hour</p> <p>Have you sprinkled any kindness today?</p>	<p>30 Banking 10 am- 12 pm Errands</p> <p>9:30 Daily Mass; Rosary</p> <p>9:30 Health Club Opens</p> <p>10:30 Exercise Class Begins</p> <p>1:30-4:00 Knitting Group</p> <p>1:45 Afternoon Movie</p> <p>2:00 MAH JONGG</p> <p>4:00 Social Hour with Pianist Slava Samadarov</p>	<p>31 Medical Transportation</p> <p>9:30 Daily Mass; Rosary</p> <p>10:30 TAI CHI WITH JOSH</p> <p>1:45 Bingo</p> <p>3:00 HYPNOTIC VACATION Presentation with John Barboza!</p> <p>4:00 Social Hour</p> <p>Residents: Games like Rummikub, playing cards and Scrabble are always available for your use in the Club Room by your Mailboxes. A puzzle is always out in the Pool Table Room on the lower level.</p>	<p>REMINDER: PLEASE SIGN UP IN ADVANCE AT COMMUNICATIONS TABLE NEAR YOUR MAILBOXES FOR ALL ACTIVITIES WITH AN *. Thank you!</p> <p>PLEASE BE SURE TO CHECK THE DAILY SHEET FOR MOST ACCURATE SCHEDULE of EVENTS, TIMES and LOCATIONS.</p>	<p><u>Expected</u> Rooms Where Event will be Held Are Now Color Coded on the Calendar.</p> <p><u>ROOM LOCATION COLOR CHART KEY</u></p> <p>Purple = Chapel; Lower Level (G)</p> <p>Orange= Health Club ;Lower Level (G)</p> <p>Black = Arts/Crafts Rm Lower Level (G)</p> <p>Red = Cinema Theater (Lower Level G)</p> <p>Turquoise=Library-Lower Level G</p> <p>Pink= Fire Side Lounge (1st Flr by Fish Tank)</p> <p>Green = Garden View Lounge (1st Floor by Piano)</p> <p>Grey =POOL TABLE ROOM</p>	<p><u>Religious Services in our Chapel</u></p> <p>Daily</p> <p>9:30 AM Daily Mass; Rosary</p> <p><u>Resident Advocate – Sr. Catherine</u></p> <p>Call the Front Desk at 508.788-8000 x 438</p> <p><u>Citizens Bank on Campus</u></p> <p>MONDAY 10:00 AM - 12:00 PM</p> <p>THURSDAY 2:00 PM - 4:00 PM</p> <p><u>Hair/Barber Salon</u></p> <p>WEDNESDAY & THURSDAY</p> <p><u>Manicures</u></p> <p>WEDNESDAY & THURSDAY</p> <p>Have You Sprinkled Kindness Today?</p>	<p>AAACCCHHOOOOO!</p> <p>As we finally arrive at the end of cold and flu season, we offer a reminder about frequent handwashing-- soap and warm water for 20 seconds.</p> <p>Remember to sneeze into the crook of your arm, not into your hands! Together we can help to ensure your health and wellness, as much as possible!</p> 