



March 2019 - Carmel Terrace - Social Opportunities



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|--|---|
| <p>AAACCCHHOOOOO!! As we are in the tail end of cold and flu season, we offer a reminder about frequent handwashing-- soap and warm water for 20 seconds and remember to sneeze into the crook of your arm, not into your hands! Together we can help to ensure your health and wellness. Reminder: For safety, replace your worn cane or walker tips and make sure to wear shoes with non-skid soles if venturing outside!</p> | | <p><u>Religious Services in our Chapel Daily</u> 9:30 AM Daily Mass Followed By Daily Rosary</p> <p><u>Citizens Bank on Campus</u> MONDAY 10:00 AM - 12:00 PM THURSDAY 2:00 PM - 4:00 PM</p> <p><u>Hair/Barber Salon</u> WEDNESDAY & THURSDAY</p> <p><u>Manicures</u> WEDNESDAY & THURSDAY</p> <p>Please check the daily sheets at the Communications Table near your mailboxes, for the most up to date offerings, times and locations.</p> | <p>REMINDER: PLEASE SIGN UP IN ADVANCE AT COMMUNICATIONS TABLE NEAR YOUR MAILBOXES FOR ALL ACTIVITIES WITH AN *. Thank you!</p> <p>All trips are weather permitting--It's March in New England! ☺</p> <p>Please inform the front desk of your Tues/Thurs. medical transportation requests as soon as possible.</p> | <p><u>Ecumenical Services on Hiatus</u></p> <p>Ecumenical Services will be offered again in the late Spring/early Summer as Rev. Greg Morrise is away on Sabbatical. We wish him well on his journey.</p> | <p>1 Rite of Exposition 1st Fri 10:00 am – 1:30 pm 9:15- 10:15 Walking Club Pedometer Check 9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 11:30 Memory Games 2:00 Ceramics with Diane 2:00 Bridge Group 3:00 St. Patrick's Program with Michael Goodwin in Cinema Theater 4:00 Social Hour</p> | <p>2 9:30 Daily Mass; Rosary 1:45 Bingo 3:00 Live Web Cams with Tara 4:00 Social Hour 6:15 TV in the Club Room</p> |
| <p>3 9:30 Daily Mass; Rosary 1:30 Sacraments Talk with Fr. George Brown in the Chapel</p> | <p>4 Banking Today 9:30 Daily Mass; Rosary 10:15 Exercise Class Begins 1:30-4:00 Knitting Group 2:00 Afternoon Movie 2:15 St. Patrick's Day Wreath Making for your Door 3:45 Social Hour with Concert Pianist Slava Samadarov</p> | <p>5 Medical Transportation Mardi Gras 9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 1:45 Bingo 3:00 "ASK THE PHYSICAL THERAPIST" Questions answered by Michelle Kish, Doctor of Physical Therapy. Informal. Complimentary Balance Screenings Provided. 4:00 Social Hour – Mardi Gras Fun COUNTRY KITCHEN IS RESERVED 3-6 PM FOR PRIVATE EVENT</p> | <p>6 Hair Salon Open Today Ash Wednesday 9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 2:00 Trip to CVS* 2:30 Afternoon Movie in the Cinema Theater: <i>Pope Francis: Witness to Joy</i>. Repeat showing requested. 4:00 Social Hour 6:15 Evening Bingo with Cindy</p> | <p>7 Hair Salon Open Today BANKING 2 pm – 4 pm Medical Transportation 9:30 Daily Mass; Rosary 10:45 Tai Chi 1:00 Book Club with Sherry 1:45 Bingo 3:00 Learn about phones for people with hearing or vision concerns- Presentation by Mass. Equipment Distribution 4:00 Social Hour</p> | <p>8 9:15- 10:15 Walking Club Pedometer Check 9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 2:00 Bridge Group 2:15 News Currents 4:00 Social Hour 6:15 Cards in the Club Room</p> | <p>9 9:30 Daily Mass; Rosary 10:15 SAIL Fall Prevention Exercise Class 1:45 Afternoon Movie 2:00 Bingo 3:00 Games on the IN2L Big screen 4:00 Social Hour 6:15 TV in the Club Room</p> |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>10 Daylight Savings Begins</p> <p>9:30 Daily Mass; Rosary</p> <p>2:00 Afternoon Movie</p> | <p>11 Banking 10 am- 12 pm</p> <p>9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 11:30 Memory Games 1:30-4:00 Knitting Group 2:00 MEN'S GROUP MEETS 2:00 Afternoon Movie 3:45 Social Hour with Baritone James Michael</p> | <p>12 Medical Transportation</p> <p>9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 1:45 Bingo 3:00 Resident Meeting: All residents encouraged to attend. 4:00 Social Hour</p> | <p>13 Hair Salon Open Today Cinema Theater Not Available Today</p> <p>9:30 Daily Mass; Rosary 9:30 Health Club Open 10:30 Exercise Class Begins</p> <p>12:00  MARCH BIRTHDAY LUNCHEON 2:15 Trip to Target* 3:15 Craft – Make a Reusable St. Patrick's Day Corsage* 4:00 Social Hour 6:15 Evening Bingo With Cindy</p> | <p>14 Hair Salon Open Today BANKING 2 pm- 4 pm Medical Transportation</p> <p>9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 1:00 Book Club with Sherry 1:45 Bingo 3:00 FOOD FORUM MEETING- ALL RESIDENTS ARE ENCOURAGED TO ATTEND 4:00 Social Hour</p> | <p>15 9:15- 10:15 Walking Club Pedometer Check 9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Veterans' Coffee 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 2:00 News Currents 2:00 Bridge Group 3:00 Afternoon Stroll 3:45 HARNEY ACADEMY OF IRISH DANCE Step Dancers Perform at Social Hour 6:15 Cards in the Club Room</p> | <p>16 9:30 Daily Mass; Rosary 1:45 Afternoon Movie 2:00 GIRL SCOUTS VISIT 3:45 St. Patrick's Day Party - Social Hour – IRISH GUY KEVIN FARLEY ENTERTAINS!  6:15 TV in the Club Room</p> |
| <p>17 ST. PATRICK'S DAY </p> <p>9:30 Daily Mass; Rosary</p> <p>2:00 Afternoon Movie</p> <p>3:45 Russ Carlton's Irish Show at Social Hour</p> | <p>18 Banking 10 am- 12 pm</p> <p>9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 1:30-4:00 Knitting Group 1:45 Afternoon Movie 3:00 BP CLINIC* 4:00 Social Hour</p> | <p>19 Medical Transportation</p> <p>9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 11:30 Laughter is the Best Medicine –Funny Videos 1:45 Bingo 3:00 Word Games 3:45 Social Hour Sing-A- Long with Mel Stiller</p> | <p>20 Hair Salon Open Today The Cinema is Not Available Today</p> <p>9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 10:15 Depart for PRIMROSE SCHOOL in Natick to Read to Little Children* 12:00 Men's Romeo Luncheon 2:00 Fully Clothed Massage* 4:00 Social Hour 6:15 Evening Bingo with Cindy 7:15 African Violet Group Meets</p> | <p>21 Hair Salon Open Today Banking 2 pm- 4 pm Medical Transportation</p> <p>9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 1:00 Book Club with Sherry 1:45 Bingo 3:00 Therapist Magdalana Siegel Speaks on "Sticks and Stones and Healing Tones" 4:00 Social Hour</p> | <p>22 9:15- 10:15 Walking Club Pedometer Check 9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:00 Donut Time 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 2:00 Bridge Group 2:00 News Currents 3:00 Framingham Garden Club Project* 4:00 Social Hour 6:15 Cards in the Club Room</p> | <p>23 9:30 Daily Mass; Rosary 10:15 SAIL Fall Prevention Exercise Class 1:45 Afternoon Movie 2:00 Bingo 3:00 What's In a Word? 4:00 Social Hour 6:15 TV in the Club Room</p> |
| <p>24 / 31 9:30 Daily Mass; Rosary</p> <p>2:00 Afternoon Movie</p> <p>Carmel Terrace will be holding an Open House on March 31st from 2:00 pm – 4 :00 pm. No rented apartments will be entered. We are showcasing your beautiful residence!</p> | <p>25 Banking 10 am- 12 pm</p> <p>9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 10:30 Trip to Walgreens* 1:30-4:00 Knitting Group 2:00 Afternoon Movie 2:30 Try a game of Pokeno! 4:00 Social Hour</p> | <p>26 Medical Transportation</p> <p>9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 1:45 Bingo 3:00 History Professor Jon Huibregtse Presents "The Civil War" 4:00 Social Hour</p> | <p>27 Hair Salon Open Today No Cinema Availability Today</p> <p>9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 11:30 LUNCH OUTING to Wayside Inn* 2:00 Art Class with Linda 3:45 Social Hour Entertainment with Ryan Tremblay 6:15 Evening Bingo with Cindy</p> | <p>28 Hair Salon Open Today Banking 2 pm- 4 pm Medical Transportation</p> <p>9:30 Daily Mass; Rosary 10:45 Tai Chi Exercise 1:00 Book Club with Sherry 1:45 Bingo 3:00 Rice Krispie Treats with Melissa 4:00 Social Hour</p> | <p>29 9:15- 10:15 Walking Club Pedometer Check 9:30 Daily Mass; Rosary 9:30 Health Club Opens 10:00 Donut Time 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 2:00 Bridge Group 2:00 DANCING WITH MICHAEL WINWARD 3:00 News Currents 4:00 Social Hour 6:15 Cards in the Club Room</p> | <p>30 9:30 Daily Mass; Rosary 1:45 Bingo 3:00 Live Web Cams with Tara 4:00 Social Hour 6:15 TV in the Club Room</p> |