





DECEMBER 2018 - Carmel Terrace - Social Opportunities



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>AH.. AH .. AHCHOO! IMPORTANT REMINDERS:</p>  <p>We are into FLU SEASON, and we will be removing the Holy Water from the Chapel for the Winter months. Also, a reminder to help prevent the spread of germs, please sneeze or cough into the crook of your elbow—not your hand! Together we can all keep our residents and staff healthier!</p>	<p>Please check the daily sheets at the Communications Table near your mailboxes, for the most up to date offerings, times and locations.</p>	<p>REMINDERS: PLEASE SIGN UP IN ADVANCE AT COMMUNICATIONS TABLE NEAR YOUR MAILBOXES FOR ALL ACTIVITIES WITH AN *. Thank you!</p> <p>Please inform the front desk of your Tues/Thurs. medical transportation requests as soon as possible.</p> <p>Please make your errand requests to Social Opportunities in advance so that we can plan accordingly!</p>	<p><u>Religious Services in our Chapel Daily</u> 9:30 AM Daily Mass 1:15 PM Daily Rosary</p> <p><u>Citizens Bank on Campus</u> MONDAY 10:00 AM - 12:00 PM THURSDAY 2:00 PM - 4:00 PM</p> <p><u>Hair/Barber Salon</u> WEDNESDAY & THURSDAY</p> <p><u>Manicures</u> WEDNESDAY & THURSDAY</p>	<p>Safety Notice: For our Christmas Party on Sat. December 15th, please note that no one will be allowed access to the first floor common areas until 11:00 am. Lots of hot trays being set up for your brunch enjoyment!</p>	<p><i>May the peace and miracle of the Christmas Season be felt by our treasured Residents, Families and Staff. We wish you a joyous Christmas and a wonderful New Year filled with health and happiness!</i></p> <p><i>It is a blessing to be your Social Opportunities Staff</i></p>	<p>1 9:30 Daily Mass and Rosary 1:45 Afternoon Movie 2:00 Bingo with Tara 3:45 Social Hour Entertainment with the Strawberry Jazz Ensemble 6:15 TV in the Club Room</p>
<p>2 Hanukkah Begins At Sundown 9:30 Daily Mass and Rosary</p> <p>CARMEL TERRACE Open House 2:00 pm – 4:00 pm</p> <p>No rented apartments will be entered as we tour potential residents.</p>	<p>3 Banking 10 am- 12 pm 9:30 Daily Mass and Rosary 10:30 Exercise Class with Anne 11:00 ART MATTERS: Portraits in Art 1:30-4:00 Knitting Group 1:45 Afternoon Movie 3:45 Social Hour with Clyde Wheatley on Clarinet and Sax. HOLIDAY PROGRAM</p>	<p>4 Medical Transportation/Errands 9:30 Daily Mass and Rosary 10:15 Veterans’ Social – An event exclusively for Veterans 10:45 Tai Chi class with Paula 11:30 Bean Bag Toss 1:45 Bingo 3:00 Therapist Carleton Kendrick Presents “ The Nature of Character” 4:00 Social Hour</p>	<p>5 Hair Salon Open Today No Cinema Availability Today 9:30 Daily Mass and Rosary 9:30 Health Club Opens 10:00 Depart for Rivers School Men’s and Women’s Choruses and Jazz Band* 10:30 Exercise Class Begins 2:00 Falls Prevention Talk : Balance and Mobility with CareTenders. Balance Screenings Offered.* 3:00 Trip to CVS* 3:00 Men’s Group Meets 3:45 Social Hour with Entertainment by Baritone James Michael 6:15 Bingo with Cindy</p>	<p>6 Hair Salon Open Today BANKING 2 pm – 4 pm Medical Transportation/Errands 9:30 Daily Mass and Rosary 10:45 Tai Chi with Paula 11:15 Sunday Readings with Sr. Jane 1:00 Book Club 1:30 Bingo – note time today 2:45 Decorate your Personal Mini Christmas Tree for your Apt with Roberta* 3:45 Social Hour with Christian Entertainer Ryan Tremblay</p>	<p>7 First Friday Rite of Exposition 10:00 am – 1:30 pm</p> <p>9:15-10:15 Walking Club Check in 9:30 Daily Mass and Rosary 9:30 Health Club Opens 10:30 Exercise Class 11:15 Pearl Harbor Remembrance Day 2:00 Bridge Group 2:00 News Currents 3:45 Social Hour with Victorian Carolers 6:15 Cards in the Club Room</p>	<p>8 9:30 Daily Mass and Rosary 10:15 S.A.I.L. (Stay Active and Independent for Life) Fall Prevention Exercise Class – In Health Club 1:45 Afternoon Movie 2:00 Bingo with Tara 3:00 What’s In a Word? 4:00 Social Hour 6:15 TV in the Club Room</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9 9:30 Daily Mass and Rosary</p> <p>1:30 Father George Brown Speaks on the Sacraments in Chapel. Talk 3 or 8 in his series.</p>	<p>10 Banking 10 am- 12 pm 9:30 Daily Mass and Rosary 9:30 Health Club Opens with Anne 10:00 Daily Rosary 10:30 Exercise Class Begins 11:30 Ecumenical Service in Fireside Lounge— all are invited to attend 11:15 Biography of John Wayne 11:30 Ecumenical Service with Rev. Greg Morisse 1:30-4:00 Knitting Group 2:00 Painting with Linda Landsberg 3:45 Social Hour Christmas Show Entertainment with Valerie Sneade</p>	<p>11 Medical Transportation/Errands 9:30 Daily Mass and Rosary 9:30 am – 12 Noon: Accessories and Beyond Ladies' Boutique with Susie Yee 10:45 Tai Chi Exercise 1:45 Bingo 3:00 RESIDENT MEETING All Residents Encouraged to Attend 4:00 Social Hour</p>	<p>12 Hair Salon Open Today 9:30 Daily Mass and Rosary 9:30 Health Club Open 10:30 Exercise Class Begins 1:45 Men's Group Meets 3:00 TRIP DEPARTS TO LASALETTE SHRINE FOR DRIVE THROUGH and Dinner at BLISS Dairy in Attleboro, MA. Bring your cash. See the lights! 6:15 Bingo with Cindy</p> <p>No Social Hour Today As We Prepare the Space for the Holiday Party</p>	<p>13 Hair Salon Open Today BANKING 2 pm- 4 pm Medical Transportation/Errands 9:30 Daily Mass and Rosary 10:45 Tai Chi Exercise 11:30 Reader's Digest Stories and Laughter 1:00 Book Club 1:45 Bingo 3:00 Food Forum with Chef Richard Stephenson. All residents are encouraged to attend. In Craft Room.</p> <p>No Social Hour Today As We Prepare the Space for the Holiday Party</p>	<p>14 9:15-10:15 Walking Club Check in 9:30 Daily Mass and Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 1:45 News Currents 2:00 Bridge Group 4:15 Caroling Children 6:15 Cards in the Club Room No Social Hour Today As We Prepare the Space for the Holiday Party</p>	<p>15 9:30 Daily Mass and Rosary CARMEL TERRACE CHRISTMAS BRUNCH 11:00 AM – 2:00 PM Santa will be here!</p> <p>Please—no entry to the first floor common areas until 11:00 am so that we can safely prepare for your lovely event! There are PLENTY of excellent seats!</p> <p>No Social Hour Today</p>
<p>16 9:30 Daily Mass and Rosary</p> <p><i>Cinema Unavailable</i></p>	<p>17 Banking 10 am- 12 pm 9:30 Daily Mass 9:30 Health Club Opens 10:00 Daily Rosary 10:30 Exercise Class Begins 11:15 Christmas Sing A Long 1:30- 4:00 Knitting Group 2:00 Ladder Golf 3:00 Holiday Games/trivia</p> <p>No Social Hour Today</p>	<p>18 Medical Transportation/Errands 9:30 Daily Mass 10:00 Daily Rosary 10:15 Gingerbread and Egg Nog* 10:45 Tai Chi Exercise 11:15 Games with Melissa 1:30 Afternoon Movie 1:45 Bingo 3:00 BLOOD PRESSURE CLINIC 4:00 Social Hour</p>	<p>19 Hair Salon Open Today 9:30 Daily Mass 9:30 Health Club Opens 10:00 Daily Rosary 10:30 TRIP TO MACY'S 10:30 Exercise Class Begins 11:30 Arm Chair Travels 12:00 DECEMBER BIRTHDAY LUNCHEON 1:45 Afternoon Movie 2:00 Fully Clothed Massage* 3:45 Michael Goodwin's Holiday Program at Social Hour 6:15 Bingo with Cindy</p>	<p>20 Hair Salon Open Today BANKING 2 pm- 4 pm Medical Transportation/Errands 9:30 Daily Mass and Rosary 10:45 Tai Chi Exercise 11:30 LOW VISION/ Memory Assistance MEETS to SIGN UP for NEXT MONTH'S EVENTS 1:00 Book Club 1:45 Bingo 3:00 Christmas Baking/Eating! 4:00 Social Hour</p>	<p>21 9:15-10:15 Walking Club Check in 9:30 Daily Mass 10:00 Daily Rosary 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 1:45 Afternoon Movie 2:00 Bridge Group 3:00 Framingham Garden Club 4:00 Social Hour 6:15 Cards in the Club Room</p> <p>News Currents is on vacation this week</p>	<p>22 9:30 Daily Mass and Rosary 10:15 S.A.I.L. (Staying Active and Independent for Life) Fall Prevention Exercise Class in Health Club 2:00 Bingo 3:00 What's In a Word? 3:45 Social Hour with Pianist Mark West 6:15 TV in the Club Room</p>
<p>23 9:30 Daily Mass and Rosary</p> <p>1:45 Afternoon Movie</p> <hr/> <p>30 9:30 Daily Mass and Rosary</p> <p>1:45 Afternoon Movie</p>	<p>24 CHRISTMAS EVE 9:30 Daily Mass and Rosary 10:30 Exercise Class Begins with Joe 11:15 Spiritual Music 1:30-4:00 Knitting Group 2:00 Afternoon Movie <u>Country Kitchen is Reserved 4 pm – 8 pm</u> 31 NEW YEARS'S EVE 9:30 Daily Mass 10:00 Daily Rosary 10:30 Exercise Class Begins with Joe 2:00 New Year's Game with Prizes! 3:45 Social Hour with Mel Stiller and NEW YEAR'S EVE PARTY! Champagne and Appetizers, Hats and Noise Makers!</p>	<p>25 No Exercise/ No Medicals/ No Errands A Child is Born! <i>May the Lord Bless and Keep You on This Christmas and Always</i></p> <p>MERRY CHRISTMAS!</p>  <p>MASS SCHEDULE FOR THIS HOLY TIME WILL BE POSTED</p>	<p>26 Hair Salon Open Today 9:30 Daily Mass and Rosary 9:30 Health Club Opens 10:30 Exercise Class Begins 11:30 Jog Your Noggin' Trivia 12:00 Men's Romeo Luncheon 1:45 Afternoon Movie 3:00 Trip To Walgreens* 4:00 Social Hour 6:15 Bingo with Cindy</p>	<p>27 Hair Salon Open Today BANKING 2 pm- 4 pm Medical Transportation/Errands 9:30 Daily Mass and Rosary 10:45 Exercise Class 10:30 Arm Chair Travels 1:00 Book Club 1:45 Bingo 3:00 Prize Roulette 4:00 Social Hour</p>	<p>28 9:15-10:15 Walking Club Check in 9:30 Daily Mass and Rosary 10:30 Exercise Class Begins 11:15 Sunday Readings with Sr. Jane 2:00 Bridge Group 4:00 Social Hour News Currents is on vacation this week</p>	<p>29 9:30 Daily Mass and Rosary 1:45 Afternoon Movie 2:00 Bingo 3:00 What's In A Word? 4:00 Social Hour</p>